winexpert

SMOKY CHORIZO & CHICKEN CHILI

Unlike Mexican chorizo,

Spanish chorizo is

dry-cured and gives a mild, spicy-sweetness to flavourful chili that is also accented with smoky paprika and chipotle pepper.

PREP TIME: 15 MIN COOK TIME: 60 MIN
TOTAL TIME: 75 MIN YIELD: 6-8 SERVINGS (8 CUPS/2L)



INGREDIENTS:

1 tbsp (15 mL) olive oil

1 large onion, chopped

1 cup (250 mL) chopped Spanish chorizo sausage 1 lb (500 g) lean ground chicken or turkey 2 tbsp (30 mL) fine cornmeal (optional)

1 tsp (5 mL) each dried oregano, smoked paprika

and chipotle chili powder

1/2 tsp (2 mL) each salt and pepper 1 yellow pepper, diced

1 small sweet potato, peeled and diced

1 can (28 oz/796 mL) diced tomatoes

1 can (19 oz/540 mL) mixed beans, drained and rinsed

1 cup (250 mL) chicken broth



METHOD:

Heat oil in a Dutch oven set over medium heat. Add onion and chorizo and cook for 6 to 8 minutes or until lightly browned.

Crumble in chicken and cook, breaking up with a spoon.

Add yellow pepper, sweet potatoes, cornmeal (if using), oregano, paprika, chili powder, salt and pepper. Stir well. Stir in tomatoes, beans and broth. Bring to a boil. Simmer for 45 minutes or until thickened.



 Cornmeal helps to thicken the chili but it can be omitted.

